



For Immediate Release

Cumbræ's Jerry Meneses, and Kids Cook to Care Tantalize the Taste Buds of the Christie Ossington Neighbourhood Centre Adding Some Spice with a Thai Dinner

Toronto, ON, February 27, 2012-- Kids Cook to Care (KCTC) and Jerry Meneses, Executive Chef of Cumbræ's, will make and serve a hot soothing locally, inspired Thai dinner at the Christie Ossington Neighbourhood Center on March 1st. KCTC is a charity that brings together children volunteers and acclaimed chefs to create quick and easy global meals for those in need. As Thai food is known for its enthusiastic use of fresh herbs and spices the menu will highlight wholesome ingredients. From Thai basil and coconut milk to locally grown cabbage and apples the flavours of Thailand will travel to Toronto.

On the menu is a Thai fruit and vegetable salad, red curry style rice, chicken satay with a lime, shredded coconut and Thai basil glaze. Dessert is a rice paper wrapped plantain with shredded coconut and brown sugar topped with a chocolate sauce. With this meal, both the patrons and children volunteers will travel to Thailand as they savour a satisfying meal that balances salty, sweet, sour and spicy. What's more, these dishes are economical and simple to prepare enabling the patrons, both young and old, to re-create this meal in the comforts of their homes. Appetites of all sizes will be satisfied.

"Getting in the kitchen with children to cook and care allows me the opportunity to teach kids the simplicity and joys of cooking as they not only see and feel ingredients but learn how to make a healthy ethnic meal," stated Jerry Meneses, Executive Chef, Cumbræ's. " A charity like Kids Cook to Care combines my desire to help others while sharing my passion for



cooking with local, fresh ingredients to the next generation of aspiring chefs."

"Kids Cook to Care is working tirelessly to be part of the solution to reduce hunger in Toronto," stated Jill Lewis, co-founder, Kids Cook to Care. "We have designed an engaging program which strives to create empathy in our children volunteers about those in need while exposing a low income community to new foods. We could not have done this event without the generosity of Cumbrae's."

Following the meal, chef Jerry Meneses will offer some insight on the simplicity of Thai cooking which will reinforce one of the goals of the Christie Ossington Neighbourhood Center which is to empower their guests on how to live a healthy and independent lifestyle.

Kids Cook to Care

Kids Cook to Care is the brainchild of two mothers, Julie Levin, a caterer from Tokyo, and Jill Lewis, a publicist, who with her children prepared meals at a homeless shelter in New York City. While musing over the lack of hands-on volunteer opportunities for children during an apple-picking school field trip, Kids Cook to Care was created. This charitable organization creates innovative programs for children volunteers to show them through the creation and serving of ethnic foods to those in need they can make a difference. By bringing together the best chefs, resources and children, Kids Cook to Care provides no-fuss opportunities for child volunteers to help make a difference in high-need communities. For more information, please visit www.kidscooktocare.com.

Jerry Meneses, Executive Chef, Cumbrae's Fine Meats

Jerry is the Executive Chef of Cumbrae's Fine Meats and is an instructor for the continuing education school at George Brown College where he specializes in culinary arts, northern and southern Italian cuisine. Jerry



graduated from George Brown College with a Culinary Arts diploma. While at GBC, he also attended the Italian Culinary Institute for foreigners in Piemonte, Italy. At Cumbrae's Jerry is instrumental in the implementation of its farm to fork / nose to tail philosophy. Prior to Cumbrae's, Jerry worked in several of Toronto's top restaurants as well as the Intercontinental Hotel.

Cumbrae's is all about a true love of food and the relentless pursuit of producing and delivering the finest meats. Based on its farm to fork philosophy and the forging of partnerships with small traditional farms that raise livestock to our exacting standards, Cumbrae's is the result of a network of people committed to its success and ingenuity.

These principles are exemplified in a distinct and unique product and an understanding of their individual clientele. For more information, please visit www.cumbraes.com.

Christie Ossington Neighbourhood Centre

The Christie Ossington Neighbourhood Centre is dedicated to building upon the strengths and vision of community members to improve the quality of life in the Christie Ossington community. By working in collaboration with residents, community institutions, agencies, local businesses and stakeholders, we will create a safe and healthy community. For more information, please visit <http://www.conccommunity.org>.